

Great Day Spas

Wouldn't it be lovely to walk into a spa—stressed, muscles tight, skin shabby—and walk out enveloped in a serene calm with glowing skin, knowing that the feeling will last more than a day? Going to a spa is a mini-getaway in and of itself, but these Northern Virginia wellness centers treat not only the body but the mind as well, making sure treatments are targeted for long-term rejuvenation.

By [Tasnim Eboo](#), [Arienne Gascon](#) and [Skylar Korby](#)



Chaan Thai Massage

Chaan Thai Massage gives off an instant sense of quiet and calm upon entering. The spa focuses on the healing art of chaan Thai massage and the secret well-being of Siam, and provides a number of treatments which are done in the secluded rooms towards the back to provide silence and privacy. Dim lighting, comfortable seating with cushions and complimentary Unwind Foot-Bath with pure essential oils make the customer feel at ease immediately. The services offered are based around Thai massage and include: Chaan Fusion Signature massage, Healing Art of Chaan Thai massage, Chaan Thai Herbal Poultice massage, Chaan Anti-Stress Massage, Rejuvenating Head and Should Massage, Holistic Healing Stone massage and Healing Art of Thai Reflexology foot massage.

Each massage has features that are unique with a collaboration of herbal steam compress, deep stretching, pressure points and ancient healing. The Thai background provides customers with good blood circulation and less stress through deep tissue massage and a combination of stretching techniques. Chaan Thai has six therapy rooms and offers specials throughout the year such as Valentine's Day specials featuring free 30-minute massage with any one-hour massage, and the Ying Yang Couple's Massages with a 10-percent discount for any couple massage treatments with 90 minutes or more. Chaan Thai also offers promotions to customers each month via their mailing list. 8300 Arlington Blvd., Suite C3, Fairfax, VA 22031; chaanthaimassage.com –TE



Specialty Massages: 60-120 min. for \$25-\$185

Yin Yang Couple's Chaan Massages: 30 min. for \$55

Essential Chaan Hand Care: 30-60 min. for \$45-\$85

Essential Chaan Foot Care: 30-60 min. for \$45-\$85

Sinus Relief Massage: 30 min. for \$45