



**Nid Tositrakul**  
**President and General Manager, Chaan Thai Yoga Massage**

Nid Tositrakul is the president and general manager of Chaan Thai Yoga Massage, which he opened with the goal of teaching clients the importance of incorporating holistic health activities into their lives to improve their overall well being. Nid's launch of Chaan Thai Yoga Massage allowed him to combine his experience as a massage practitioner and pride in Thai traditions and history, as well as his business education and training.

The spa is the culmination of Thai massage experience and tradition that Nid began at the age of five, when he would give his parents traditional Thai massage after long hours of work. His aunt operates her own traditional Thai yoga massage spa in Thailand, and she is his trusted mentor.

Nid received his certification in Traditional Thai Massage from the Thai Holistic Health Foundation in Bangkok, Thailand, where his studies included Thai massage techniques, history of Thai Massage and Medicine (holistic herbal), meditation and traditional Thai yoga. He is a Certified Traditional Thai Massage Instructor of the Thai Traditional Medicine Services Society in Nonthaburi, Thailand, having studied advanced Thai massage techniques, advanced studies in sen lines (i.e., energy or meridian), instructional techniques, and holistic Thai medicines. Nid is a member of The Thai Traditional Medicine Services Society (Thailand).

Nid earned his diploma in therapeutic massage from the Heritage Institute in Falls Church, VA. He accumulated 750 hours of study in courses including muscular anatomy, ethics and professionalism, integrated therapeutic massage techniques, and pathology.

Nid received his B.A. in Political Science with a minor in Psychology from Ram Khang Hang University (Thai University). He attended RMIT University in Melbourne, Australia and the State University of New York, New Paltz to study English. After studying English at SUNY, Nid moved to Virginia where he received his M.B.A. from Strayer University.